

PRE-OPERATIVE INSTRUCTIONS: IV SEDATION

Please read and follow these instructions carefully if you are undergoing IV sedation. Plan to arrive 15 minutes prior to your scheduled time.



PREPARING FOR YOUR VISIT

Chaperone/Legal Guardian

You must be accompanied by a responsible adult who will assure that you get home safely. The escort (please limit to 1 person) needs to remain in the office during the entire duration of your appointment. Your judgement and coordination may be impaired following sedation. You should not drive, operate machinery, use power tools or make important decisions for the remainder of the day. If you are a minor, a legal guardian must be present on the day of surgery.

Clothing & Jewelry

Please wear loose-fitting clothing with short sleeves and an open neck. Jewelry, facial piercings (if possible) and contact lenses must be removed before surgery.

Prescriptions

Please fill all prescription medication at least 24 hours prior to surgery. If you have misplaced your prescriptions, contact the office immediately. Allow 24 hours for prescriptions to be sent to your pharmacy.

Rescheduling

If you need to cancel or change your appointment for any reason, please remember to inform our office 48 hours in advance. Let us know immediately if you suspect that you might be pregnant, your health changes, or if you develop a cold, flu or other ailment prior to surgery. If you have any questions or concerns, please don't hesitate to contact our office.



FOOD AND DRINK

What and when can I eat or drink before surgery?

If your surgery is scheduled for the morning, **do not eat any food or drink any fluids after midnight (this includes chewing gum and water). However, you may still take your prescribed antibiotics and approved regular medication with a small sip of water.**

If your surgery is scheduled in the afternoon, you may have a very light breakfast (toast, fruit, etc.) and clear liquids up to 6 hours before.



MEDICATIONS AND PRESCRIPTIONS

Routine Medications

Continue your normal medications unless instructed differently by your surgeon at your consultation. Please only take with a sip of water. Patients taking blood thinners or medication for diabetes or weight loss require special consideration – this should be discussed with your surgeon. Contact our office if you have further questions.

Antibiotic Day of Surgery

Please take the prescribed antibiotic one hour prior to surgery as directed.

Asthma

Patients with asthma should bring their inhalers with them on the day of surgery.